

Jumping Checklist

Are you ready to jump?

Before beginning you and your horses jumping career,

You should...

- Be confident and controlled at the walk, trot, and canter.
- Understand canter leads and be able to fix an incorrect lead through a simple change.
- Have a strong and stable 2-point position at all gaits.
- Be familiar and comfortable riding your horse off the rail at all gaits, including across the diagonal.
- Begin to understand the concept of counting strides and practice this skill over canter poles.

Your horse should...

- Be sound with no ongoing lameness or health issues. If you are on the fence, ask your vet! Not all horses that are sound enough for riding are sound enough for jumping.
- Be of good body condition and fit enough to trot and canter for multiple laps around the arena without becoming overly winded.
- Be comfortable and confident going over multiple trot poles in a row, and cantering single poles.
- Be lunged over small cross rails and jumps if he/she has never been ridden over fences before.